



CONFERENCE

1. Indian Society of Aerospace Medicine is organising its 58th Annual Conference at Institute of Aerospace Medicine at Bengaluru from 14th to 16th November 2019. Primary focus of the Conference as always is towards its scientific deliberations with an objective to enhance knowledge in the sphere of Aerospace Medicine. Theme for this year's conference is '**Changing Paradigms in Aerospace Health Care**' and scientific program has been designed accordingly.

VENUE

2. Venue for the Conference is **Institute of Aerospace Medicine, Indian Air Force, Old Airport Road, Vimanapura Post, Bangalore – 560017, Karnataka, INDIA** (Google Location - <https://goo.gl/maps/3x6bVSf3cuBdDGqM7>). For those not familiar with Bangalore, closest landmark would be 'HAL Main Gate Bus Stop' on the Old Airport Road. Conference venue is roughly 44 Kms from Kempegowda International Airport and around 14 Kms from Bangalore City Railway Station.

DELEGATE FEES

3. The Delegation Fee for the Conference is as under:-

- (a) ISAM Members – INR 7000
- (b) Non Members - INR 8500
- (c) Foreign Delegates - USD 350

4. Delegate fee will cater for attendance in the inaugural session, participation in all scientific sessions, delegate kit, Society Dinner on 14 November 2019 and refreshments on all the Conference days. You can either forward the Cheque to the Conference Secretariat in advance or pay at the time of Registration by cash/ cheque/ Credit or Debit cards at the



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Conference venue. We are also planning to establish a Registration Counter at Sterlings Mac Hotel where accommodation for all Indian Armed Forces service delegates is being arranged.

CONFERENCE OUTLINE PROGRAM

5. Broad outline program of the Conference as on 30 Oct 19 is appended below:-

DAY 1	14 NOV 19 (THURSDAY)	
0900 - 1100 h	Inaugural Session	Srinagesh Auditorium
1005 - 1100 h	Air Mshl Subroto Mukerjee Oration Speaker Chairperson	Srinagesh Auditorium Dr K VijayRaghavan, Principal Scientific Advisor to Govt of India Director General Armed Forces Medical Services
1100-1130 h	High Tea	
	SRINAGESH AUDITORIUM	ENGINEER AUDITORIUM
1130-1230 h	Scientific Session I Human Space Programme- 'Beyond the Armstrong Line'	Scientific Session II Simulators in Av Med- A Perfect Synergy!
1230-1330 h	Scientific Session III Aviation Physiology: Back to Basics	Scientific Session IV Occupational Medicine: Surmounting the Hostile Environment
1030-1300 h	Poster Session I	
1330-1430 h	Lunch	



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1430-1530 h	Scientific Session V Aviation Medicine in the Field: Field Flight Surgeon Speaks.	Scientific Session VI RAM (Residents in Aerospace Medicine) Session: Aspiring for the Big Dreams in the Future
1530-1630 h	Scientific Session VII Session by DEBEL: Solutions for sustaining life	Scientific Session VIII Flight Safety: It Matters! (Attended by Service IAF Officers)
1330-1600 h	Poster Session II	
1600-1645 h	Tea	
1945 h	Society Dinner at Sterlings Mac Hotel, Old Airport Road (All delegates and their accompanying spouses are cordially invited. Dress – Lounge Suit/National Dress/Saree)	
DAY 2	15 NOV 19 (FRIDAY)	
	SRINAGESH AUDITORIUM	ENGINEER AUDITORIUM
0830-0930 h	Scientific Session IX Conceptual Ideas & Deliberations	Scientific Session X Aerospace Stressors: The Aeromedical Challenge Continues
0930-1030 h	AVM MM Srinagesh Oration Speaker: AVM JS Kulkarni (Retd) Chairman: Director General Medical Services (Air)	No Parallel Session
1030-1100 h	Tea	
1100-1200 h	JHF Manekshaw Panel	No Parallel Session
1100-1130 h	Speaker: Dr Girish Deodhare Director ADA	



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1130-1200 h	Speaker: Dr Unnikrishnan Nair Director HSFC	
1200-1300 h	Scientific Session XI Human Space Programme: The New Frontier!	Scientific Session XII Civil Aviation Medicine: Towards a Perfect Alignment!
1200-1300 h	Poster Session III	
1300-1400 h	Lunch	
1400-1600 h	1400-1530 h: Scientific Session XIII Free Papers	1400-1500 h: Scientific Session XIV Aeromedical Decision Making: Newer Challenges!
		1500-1600 h: Scientific Session XV Eject! Eject! Eject!
1300-1530 h	Poster Session IV	
1600-1700 h	ISAM GBM (For ISAM Members only)	
1700-1715 h	Tea	
2000-2230 h	Fellows' Night at IAM Officers' Mess, VV Camp For Fellows and Associate Fellows of Society Dress Code – Lounge Suit/Combination	
DAY 3	16 NOV 19 (SATURDAY)	
0830-1700 h	SMOs Conference For serving Indian Armed Forces Medical Officers only	



DRESS CODE

6. The weather at Bangalore during mid November would be pleasant with temperatures ranging from a minimum of 17° C to 28° C. Dress code for various events are as under:-

(a)	Inaugural Session & Conference Proceedings	:	Summer Working Uniform for Indian Armed Forces Officers/ Equivalent for Foreign Officers. Lounge Suit/Combination for Retired Officers and Civilians
(b)	Society Dinner	:	Lounge Suit/National Dress/Saree
(c)	Fellows' Night	:	Lounge Suit/Combination

ACCOMMODATION

7. Accommodation for **all the Indian Armed Forces Service delegates** arriving on Temporary Duty is being arranged **centrally** by the Conference Organising Committee at **Sterlings Mac Hotel, Old Airport Road**. Officers are requested not to make any bookings on their own. Foreign Delegates are requested to make their own booking at Sterlings Mac Hotel and intimate Organising Committee at isamconference2019@gmail.com. If retired Officers and civilian delegates desire to stay in the same hotel, same can be arranged, however subject to availability of rooms. You are requested to contact Organising Committee for the same. For bookings/queries, you are requested to contact the undermentioned Officers:-

(a) Sqn Ldr Navin Bhati:

Email – nb575886@gmail.com

AFNET Mail – 31423@personal.iaf.in



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Contact No. - +91 7568917166
(WhatsApp)

AFNET IP Phone – 4313 7312

(b) Wg Cdr V Raghunandan: Email – raghu.avmed@gmail.com

AFNET Mail – 31427@personal.iaf.in

Contact No. - +91 7388966913
(WhatsApp)

AFNET IP Phone – 4313 7364

8. **Sterlings Mac Hotel, Bengaluru.** Towards accommodation, Organising Committee has coordinated with **Hotel Sterlings Mac, Bengaluru**, a cosy corporate hotel which is very close to the Conference venue. Further details of the Hotel are as under:-

(a) Website of the Hotel: <https://www.sterlingsmachotel.com/>

(b) Location of the Hotel: <https://goo.gl/maps/r2uNNRicWEzA5b4y5>

(c) Distance of the Hotel from the airport is around 40 Kms and the travel time can be anything between 60 to 120 minutes depending on the traffic. Commuting between airport and the hotel to be under own arrangements. One can avail App based taxi services (Uber/ Ola/ Meru), Airport Taxi Service right at the arrivals gate or Airport Bus Service (Bus No. 6 – Please ask for a drop at Manipal Hospital, Old Airport Road which is adjacent to Sterlings Mac Hotel). Please do download these apps from Google App store/IOS.

(d) Distance of the Conference venue from the Hotel is little under 2.5 Kms.

9. Rates by the hotel for accommodation, food and applicable taxes are **INR 3550 (Executive Room)** for Sqn Ldr and below {Rs 2250 + 405 (18% GST) + 900 (food)}. **INR 6310 (Deluxe Room)** for Wg Cdr to Air Cmde {Rs 4500 + 810



(18% GST) + 1000 (food)} and **INR 10800 (Luxury Suite)** for AVM and above {Rs 7500 + 2100 (28% GST) + 1200 (food)}.

10. The package includes the following:-

- (a) Single room for Wg Cdr and above. Twin sharing room for Sqn Ldr and below.
- (b) Breakfast and one major meal (Lunch/Dinner). Kindly note, Lunch on 14th and 15th November would be served for all the delegates at the Conference venue. Lunch will be served to IAF MO delegates attending CME and SMOs Conference on 16th November 19.
- (c) Usage of Swimming Pool and Fitness Centre.
- (d) WiFi limited band. High speed WiFi is available of payment.
- (e) Four pieces of Laundry per day.
- (f) Complimentary ironing of one pair of Lounge Suit/ one Saree during the complete stay. **Please note, venue for Society Dinner on 14th November is Hotel Sterlings Mac.**
- (g) Cookies and chocolates on arrival.
- (h) **Transport is not a part of the package.**

11. **Accommodation for Foreign Delegates.** Foreign delegates can choose between 'Deluxe Room' and 'Luxury Suite' at the time of booking. Booking of accommodation can be done by contacting the Hotel at their website reservations.blr@sterlingsmac.biz. It is requested to forward details of booking confirmation to isamconference2019@gmail.com. For any query on accommodation you can contact Hotel's **Head Sales & Marketing at +91 9164950008** or Hotel's **Duty Manager (24x7) at +91 7353757525**. **Do not forget indicate that you are 58th Annual ISAM Conference Delegate.**



OUR BEAUTIFUL CITY BANGALORE/ BENGALURU

12. Bangalore (Bengaluru) is rightly called the Garden City. It has a wide array of parks and gardens which are spread all over the city increasing the beauty of the city. Not just this, the city has been adorned with many interesting yet suitable names. Pub City, Shopper's Hot-Spot, India's Silicon Valley, Shopper's Paradise, Pub Hopper's Paradise, Gourmet's Delight, Air-Conditioned City etc. are a few other names of which Bangalore has been referred to as. A tour to the city of Bangalore will show you the relevance of each of its name!

13. The city offers a wide range of entertaining choices which range from lively nightlife to fun-filled amusement parks to beautiful lakes to glittery buildings to captivating monuments and temples. Bangalore boasts of a pleasant weather throughout the year.

14. There are many interesting tourist attractions in Bangalore which are worth visiting. Some of these are beautiful Botanical Garden of Lal Bagh, Cubbon Park, Lumbini Gardens, historically significant places like Bangalore Palace, Tipu Sultan's Palace, Vidhan Soudha, religious places like Venkataramana Swamy Temple, ISKCON Temple, Gavi Gangadeshwara Cave Temple, Dodda Ganapathi Temple, Maha Bodhi Society Temple, natural beauties like Thippagondanahalli Reservoir, Bannerghatta National Park along with other popular tourist spots such as Visvesvaraya Industrial and Technological Museum, Venkatappa Art Gallery and Government, JawaharLal Nehru Planetarium, Seshadari Iyer Memorial, Bangalore Aquarium, Wonder La amusement park, etc. Please do explore the beautiful city during your spare time.



CONTACT

15. Please feel free to contact any of the undermentioned members of the Organising Committee for any query pertaining to the Conference:-

Sl No	Name	Appointment	Phone number	Email id
(a)	Gp Capt NK Tripathy	Organising Secretary	+91 9981665465	nktdoc@yahoo.com
(b)	Wg Cdr AVK Raju	Asst Organising Secretary	+91 9482273470	avkraju123@gmail.com
(c)	Wg Cdr V Raghunandan	Asst Organising Secretary	+91 73889 66913	raghu.avmed@gmail.com
(d)	Conference Information/ Help Line	--	+91 81729 44077	--
(e)	Organising Secretariat	Office	+91 80 2522 4666	isamconference2019@gmail.com

16. We the organisers of the Conference are eagerly looking forward to host you and give you a memorable & professionally enriching experience.